

Beef & Veal in the Classroom

Digital Lesson Toolkit

September 1, 2024 – June 30, 2025

Digital Classroom Lesson Tool Kit

The PA Beef Council is excited to offer an assortment of high quality, easy to use educational materials at no cost to you or your school for your participation in the Beef & Veal in the Classroom Program! As you are planning for the rest of the school year, keep in mind the materials offered to Family and Consumer Science instructors are an excellent resource for teaching nutrition, meat preparation and safe food handling practices, as well as providing recipes to your students. Whether you teach food preparation classes or more general lifestyle classes, you will find materials that fit your curriculum.

NEWLY UPDATED RESOURCES

Can be accessed here,

https://www.dropbox.com/scl/fo/4oav0ythhk5s4li68fu9k/h?rlkey=q7zrnx30cv796iss4rqpayseo&st =k5lnzufd&dl=0

- Lesson Plans
- PowerPoint Presentations (Beef and Veal)

Resources will be updated/added to the DropBox folder in real-time.

Beef on a Budget

Beef is delicious, nutritious and oh-so-easy to prepare. And affordable too! Explore some budgetfriendly recipes, leftover ideas and cooking tips to make the most out of any meal.

- Beef on a Budget Landing Page
- Budget-Friendly <u>Recipes</u>
- Affordable Beef Cuts

Raw Truth About Beef

The <u>Raw Truth About Beef</u> is an engaging online experience that provides a unique opportunity to go behind the scenes to learn about each stage in the beef lifecycle. This video-based experience focuses on getting to know ranchers and industry experts that can answer the questions you've





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always had about beef and beef production. Join along on the journey from pasture to plate. Find the activity guide, <u>here</u>.

<u>Ag Mag</u>

The beef ag mag is made available through a partnership with the American Farm Bureau Foundation and the Beef Checkoff. It is perfect non-fiction text which includes section on beef breeds, nutrition, beef lifecycle, career profiles, food safety, label reading information and other suggested activities. The Ag Mag is available free of charge online at, https://www.agfoundation.org/files/BeefeReaderFLIP/mobile/index.html

Beef Ag Mag Family Guide - <u>https://www.agfoundation.org/files/AFBFA-AgLit-BEEF-190820-</u> BeefAgMagFamilyGuide_2023-10-18-215104_zqgd.pdf

Virtual Farm Tours

The PA Beef Council hosted virtual farm tour experiences to PA Beef Farms and a PA Veal Farm. Learn more and view them here:

Virtual Farm Trip to a Pennsylvania Beef Farm – 10/4/18

Virtual Field Trip to a Pennsylvania Veal Farm – 10/23/18

Virtual Field Trip to a Pennsylvania Beef Farm – Beef Feedlot – 4/24/19

Virtual Field Trip to a Pennsylvania Beef Farm – Beef Marketing – 5/2/19

<u>Virtual Field Trip to a Pennsylvania Beef Farm – East Coast vs. West Coast Beef Production –</u> <u>5/10/19</u>



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Additional Resources

To further enhance your beef or veal lesson, please visit the below webpages for additional resources. If there are any additional resources you would like to request, please note the amount and name of the handout when submitting your Application Form.

- https://www.beefitswhatsfordinner.com/nutrition
- <u>Veal.org</u>
 - o Veal Farm Videos
 - o <u>Resource Page</u>
- Beefitswhatsfordinner.com
 - o <u>Beef Lifecycle</u>
- <u>Beef It's What's For Dinner YouTube</u>
- Kid-Friendly Recipes American Farm Bureau Foundation
 - o http://myamericanfarm.org/files/Recipe_PDFs/KidFriendly_Beef_Recipes.pdf
- Learning Resources from the American Farm Bureau Foundation
 - o https://www.onthefarmstem.com/resources

For Questions or Concerns Please Contact:

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